



PUBLIK
RETIREE HEALTH PLANS

OPEN ENROLLMENT

OPEN NOW- LIMITED TIME! CALL 306-682-1615

WITHIN 60 days of Retirement- You can choose to join the Lite, Premier, Elite or Deluxe Plan all with or without Dental. There are no medical questions, no pre-existing condition clauses, and guaranteed acceptance. All Plans Include 90 days travel insurance per trip.

RETIREE MORE THAN 60 days - You can join the Opportunity, Elite or Deluxe Plans, all with or without Dental. There are no medical questions, no pre-existing condition clauses, and guaranteed acceptance. All Three plans include 90 days travel insurance.

Benefit highlights of the Elite and Deluxe Plans with PUBLIK

**Deluxe Plan - With or Without Dental- No Age Limited - 90 Day Travel Coverage
\$10,000 @ 90% Copay (100% if dispensed through Pocket Pills)**

See attached Application Form for all the coverages

**Elite Plan- With or Without Dental- No Age Limit - 90 Day Travel Coverage
\$7500.00 @ 90% (100% if dispensed through Pocket Pills)**

See attached Application Form for all the coverages

Additional Information - Opportunity Plan Information

Opportunity Plan with Dental or Opportunity Plan without Dental

If it is over 60 days since your retirement, perhaps 90 days, 2 years or even 5 years and you are seeking Health Benefits these are the options we can provide you to enroll in for a Limited Time. (Opportunity, Elite or Deluxe Plans)

The Opportunity Plan is an introductory offer to join PUBLIK.

Once you are on the Opportunity plan for two years, you will automatically be transitioned to the Premier Plan where you will have additional coverage at no additional cost.

What is the difference between the Opportunity Plan and the Premier Plan?

The Opportunity Plan is offered during the Open Enrollment Period that excludes Diabetic Freestyle and Dexcom Sensors, Reduced Dental to \$1000.00/year and reduced Eye coverage. Besides those changes it covers everything the Premier Plan does including the 90 days travel and no medical needed.

If you are within 60 days you can choose any plans if you are over 60 days you can choose the Opportunity, Deluxe or Elite. The Elite and Deluxe are the same plan coverage for all retirees.

How to Apply

Please visit our website at www.mypublik.ca to see all plans. EMAIL publik@vikingbenefit.ca and we will send you an easy 2 page application and do the enrollment for you.

Anytime you are in a plan for a minimal of 2 years you can go up one level., down one level or add or delete dental with no medical and all pre-existing conditions remain covered. You can change provinces with our plan.

Contact Us

Viking Benefit Solutions Inc.
310 8th Avenue, P.O. Box 360
Humboldt, SK S0K 2A0



Questions?

Phone: 1-306-682-1615
Email: publik@vikingbenefit.ca
Mon - Fri, 8:30am - 4:30pm (Saskatchewan Time)

OPEN ENROLLMENT

OPPORTUNITY PLAN with Optional Dental

Prescription Drugs - Direct billing available

Telus National Formulary

\$5,000@80% Copay
(90% if dispensed
through PocketPills)

Retiree Assistance Program - Included

HumanaCare is an integrated mental and physical wellness service provider, with a compassionate, holistic, employee family centric care model.

Healthcare Professionals - 100% Coinsurance (R&C*)

Acupuncturist, Chiropractor, Massage,
Naturopath, Physiotherapist, etc.

\$1,000 Combined per
person per year

HumanaCare provides access to counselling to provide solutions to a short-term situation, this often means 4-8 counselling sessions but may require more or less.

Supplies and Services - 100% Coinsurance

Breast prosthesis

Unlimited R&C*

Oxygen and Oxygen Equipment

Unlimited R&C*

Compression Stockings

Two pairs / Year

Foot orthoses

\$150 / Year

Hair prosthesis (Wig)

\$500 Lifetime

Hearing Aids

\$500 / 4 Years

Hospital Beds

Unlimited R&C*

Intrauterine Device (IUD)

Unlimited R&C*

Orthopedic Shoes

\$150 / Year

Ostomy Supplies

Unlimited R&C*

Post-surgical bra

Two / Year

Prosthetics

\$25,000 Lifetime

TENS device

Unlimited R&C*

Wheelchair

\$10,000 R&C*

Accidental Dental

\$5,000 R&C*

Nursing Care

\$7,500 / Year

Ambulance (Ground & Air)

Unlimited R&C*

Blood Glucose Monitor

\$200 / 3 Years

ElderCare - Included

HumanaCare's Eldercare Advisory service provides tools to help caregivers address their particular challenges. Nurse-led. A personal consultation and map of care report is customized to each member's specific needs. Coaching, support, and planning are provided in key areas:

- Current living situation and future planning
- Existing health condition
- Goals of care
- Resource navigation

Home care, including nursing and personal care, delivered by quality approved providers, is available on a 24/7 basis, across Canada.

Second Opinion - Included

Medical Experts who will be able to review your medical information to give you answers to critical questions to empower you to make the best decisions. Throughout the process you will be supported by a Nurse who can help make sense of the information and activate services and supports around you.

Specialized Care - 100% Coinsurance

Semi-private Hospital Room

Unlimited R&C*

Convalescent Hospital

\$20/day-90 day Max

Diagnostic Services

\$500 / Year

Online Pharmacy - Included

Pocketpills is a mail order pharmacy that pre-sorts your medication into easy to open "PocketPacks". No more hard-to-open vials. No more sorting pills, no more missing doses. They work direct with the Government and your insurer to direct bill.

Vision Care - 100% Coinsurance

Eye Exams

\$100 / Year

- Add Vitamins to your "PocketPacks"
- Your refills automatically arrive by mail.
- They work with your doctor to renew your prescriptions so you have them on time.

Diabetic Supplies - 80% Coinsurance - Included in Drugs

Syringes, Lancets, Chemical Reagent Testing

Covered - R&C*

Emergency Travel Benefits - 100% Coinsurance

Out-of-Province / Country

90 day trip limit

Travel Insurance

\$5,000,000 / Trip

Covid Insurance (Must be fully vaccinated)

\$5,000,000 / Trip

Optional Dental Care Benefits - 100% Coinsurance

Basic, Endodontic & Periodontal Services

\$1,000 / person / year

	Opportunity Plan			Optional Dental		
	Solo	Duo	Family	Solo	Duo	Family
SK	\$137.08	\$273.89	\$357.47	\$53.95	\$107.90	\$124.50
AB	\$168.21	\$336.14	\$445.66	\$77.81	\$155.63	\$176.37
MB	\$137.09	\$273.89	\$352.28	\$60.18	\$119.31	\$137.99
BC	\$137.08	\$263.51	\$347.10	\$83.00	\$163.93	\$188.83